

## About the Leaders

**Rev. Dr. Margaret Benefiel**, Executive Officer of Executive



Soul, LLC, has 20 years of experience as a consultant and coach for organizations, congregations, and leaders. In her work with churches, businesses, non-profits, health care organizations, and educational institutions, Benefiel has facilitated seminars, conducted workshops, and led strategic planning efforts.

She is also adjunct faculty at Andover Newton Theological School in Boston and a visiting lecturer at All Hallows College in Dublin, Ireland. She has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group and has also served in various leadership roles in Spiritual Directors International. Over 800 executives, managers, and other leaders have participated in her seminars and courses. Author of *The Soul of a Leader* and *Soul at Work*, and co-editor of *The Soul of Supervision*, Benefiel has also written numerous journal articles.

**Rev. Dr. Debora Jackson** brings 20 years of advanced



technology development, organizational management, and spiritual grounding to her work as an associate of Executive Soul. She has worked as CIO and COO of SmartEnergy, Inc., and in various directorial roles for Avicon, Sherpa Corporation, and Sapient Corporation. Jackson founded The Renewal

Group, a consultancy focused on revitalizing organizations after downsizing and maximizing employee engagement. Rev. Dr. Jackson, an ordained minister, is also senior pastor of the First Baptist Church in Needham. Jackson is the author of "Revitalize Post-Downsize with New Emphasis" (*Boston Women's Business*, March, 2004), the co-author of "Good Business in Tough Economic Times" in *Good Business: Putting Spiritual Principles into Practice at Work* (Shelton and Lynn, eds., Unity House, 2010), and the author of "Nurturing Ministerial Leadership through Supervision" in *The Soul of Supervision* (Benefiel and Holton, eds., Morehouse, 2010).

"When leaders nurture a commitment to spiritual reflection and help create a spiritual community, the organization becomes more energized, more productive, and more effective."

~ Rev. Dr. Margaret Benefiel



For more information, please contact us at

[awebb@executivesoul.com](mailto:awebb@executivesoul.com)

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To learn about other events and opportunities to work with Rev. Dr. Benefiel and Rev. Dr. Jackson, please visit our website:  
[www.ExecutiveSoul.com](http://www.ExecutiveSoul.com)

Brochure art designed by Michelle Lynn Abbott, 2012

# The Soul of Leadership



An 18-month program

led by

Rev. Dr. Margaret Benefiel  
and  
Rev. Dr. Debora Jackson

October 2012 - April 2014

# The Soul of Leadership

The Soul of Leadership empowers leaders to realize greater professional efficacy while experiencing inner renewal and clarity of vision. Designed for leaders from various sectors (non-profits, churches, businesses, etc.), this 18-month program guides participants on a journey of transformation as they integrate contemplative, spiritually-grounded practices into their lives.

## Program Description

We recognize that modern leaders face difficult challenges. The commitment to inspire others while also increasing productivity and balancing the needs of the organization can leave leaders feeling depleted. Long hours and countless demands often result in a deep need for renewal.

The Soul of Leadership program offers this restoration and revitalization to leaders, helping them become more effective in their vocations. Through individual and communal activities, participants engage in a variety of contemplative practices, while learning strategies to address some of the most pressing leadership challenges. During this transformative program, leaders attain increased well-being and wholeness and master skills to strengthen their organizations.

The Soul of Leadership includes four residencies in the Greater Boston area, supplemented by reading, reflection, and spiritual companionship. Each residency week will feature a different leadership focus, integrated with contemplative practices.

### Grounded in God: Contemplative Leadership for the 21st Century (October 8-11, 2012)

The first residency considers the structures and processes of twenty-first-century decision-making (both individual and corporate) and explores how discernment practices can be integrated into decision-making. Insights from the fields of spirituality, management, and leadership studies will be combined to examine decision-making and discernment in various settings.

### The 7 R's of Sanctuary (April 8-11, 2013)

The second residency focuses on how leadership efficacy is enhanced as leaders intentionally take time apart from their leadership context to engage in spiritual practices. This residency will share learning gained from leadership, theology, and spirituality studies as a means to teach participants a spiritually-connected and grounded way of leadership.

### Contemplative Leadership for Change (October 7-10, 2013)

The third residency will help participants consider how they adapt to change. Through an experiential, interactive process, participants will examine continuity and change in their own lives and in the lives of groups they lead, and learn how to identify and overcome blocks that prevent them from achieving their goals.

### Putting it All Together (April 7-10, 2014)

The final residency will help participants develop a "Rule of Life" plan that allows them to fully integrate their learning and experiences into their leadership contexts.

## To Apply for The Soul of Leadership:

For an application, please email Ashley Webb at

[awebb@executivesoul.com](mailto:awebb@executivesoul.com)

Or complete and mail in this form  
to have a paper application mailed to you:

Full name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State and zip code: \_\_\_\_\_

Number of applications requested: \_\_\_\_\_

Executive Soul  
68 Bailey Street  
Dorchester, MA 02124

The application deadline for this competitive program is:  
July 1, 2012

The cost of the program, for the full  
18 months, is \$3500  
(including housing and meals during the residencies).  
A generous grant allows us to offer this program  
at a lower cost than would normally be possible.  
Please contact us if you would like to contribute to next  
year's program. Financial aid is also available to those  
who need further assistance.